

UMBILICUS

POETRY AND VISUALS OF THE SENSUOUS

By Carrie Schiffler and
Johanna Stickland



Umbilicus is a meditation on sensuality, sex, blood, hunger, and the sweet ache of shame's hangover.

Carrie Schiffler is an actor, writer, and former exotic dancer.

Johanna Stickland is a photographer, painter, poet, and former fashion model.

Both are smitten by the female form, intrigued by unpolished beauty and drawn to dark pubs and radiant beings equally.

Not only do they share similar interests, they also share DNA.

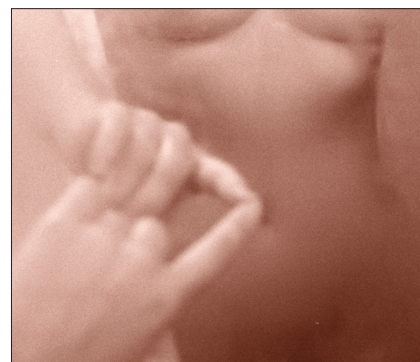
Carrie and Johanna are mother and daughter.

Umbilicus is their gift to one another and to those who wish the experience.



Carrie Schiffler is an actor who writes. Her one woman show *Tabitha, A Girl and Her Box* depicted the three years she spent table dancing across Canada. When not writing or performing her own work, Carrie works in film and television on production such as *Murdoch Mysteries*, *Heartland*, *Bad Blood*, and *Northern Rescue* (Netflix). Her poetry has been published in *Instant Anthology*, *Spare Change*, *Bemused* and *Downtown L.A. Life*.

Johanna Stickland is a Canadian painter, photographer and writer based in Portugal. Johanna's painting and photographic work has been featured in numerous publications including *Girl on Girl: Art and Photography in the Age of the Female Gaze*, *EXIT Magazine*, *Vision Magazine*, and *Metal Magazine*. Her work is held in collections across the world including Australia, France, Canada, the United States and Germany.



UMBILICUS



Poetry and Visuals of the Sensuous

Carrie Schiffler and
Johanna Stickland

I no longer awake in a stranger's bed
In search of myself | Me, the meat of me
Under the covers | Between the sheets
In the embrace
Of the unknown I would be defined
Or so I thought

I no longer awake questioning where or who I am

I no longer awake in a strangers bed
I awake alone
Comfortable with the company I keep.

—Carrie Schiffler

UPROUTE Imprint of Durville Publications

POE023020 POETRY Love & Erotica.

Book Four in the Every River Poems Series
6" x 9" | 112 pages

ISBN: 978-1-988824-41-3 (paperback)

Price: \$19.95 in Canada, \$16.95 in US

Book release date, November 1, 2019

For media contact:

Lorene Shyba | 403 818-4808 | lorene.shyba@durville.com

For orders contact:

University of Toronto Press (UTP)

Ph (416) 667-7791/ (800) 565-9523

utpbooks@utpress.utoronto.ca | utppublishing.com